

Fund Raising the Hard Way



Jean and I are taking part in a challenging trek to raise money for Hope and Homes for Children. We will see first hand how our contributions are helping vulnerable children, young people and their families in Romania, and take in the spectacular Carpathian Mountains en route. The mountains offer some of the best trekking routes in Europe, and our trek will take us into the beautiful passes and ancient forests of two National Parks, finishing with a trip to the infamous Dracula's castle! However it is an ambitious trip and we climb up to 8000 feet and will be walking up to 8 hours each day. Please sponsor us and help us raise money for a worthwhile cause.

We hope to raise £4000.00.

Each pound you give will ensure more children in Romania are given the chance to grow up in the love and protection of a family.



Hope and Homes for Children is an international charity working to ensure that all children have the chance to grow up in the love of a family. Their vision is a world in which children no longer suffer institutional care. They started off after seeing the terrible conditions and the neglected children in orphanages in Romania after the fall of Nicolae Ceauşescu. You can find out more about Hope and Homes at <http://www.hopeandhomes.org>

Donating through JustGiving is simple, fast and totally secure. Your details are safe with JustGiving – they'll never sell them on or send unwanted emails. Once you donate, they'll send your money directly to the charity. So it's the most efficient way to donate – saving time and cutting costs for the charity.

So please visit our Just Giving page at www.justgiving.com/John-Dumbrell/ and help us reach our target. Incidentally we are paying our own costs for the trip.

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FACEBOOK

Thanks to Chris and Karen we are now at <https://www.facebook.com/pages/Shepperton-Aurora-Rotary/19322230826275> on Facebook. If anyone with Facebook accounts can LIKE the page, they can post to the Wall or if they'd like to add any posts or events, the members can send them to Karen or Chris. Our thanks to Chris Arnot who set the page up for us last year. Karen and Chris have agreed to share the job of keeping it up to date.

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The opinions expressed are those of the writers and not necessarily those of the Club or the Editor.*



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PAULINE'S PIECE

We ended April with a disappointing day trip to Maidstone to hear Halliford School compete in the Regional Finals of Youth Speaks. Although they won the award for the best Chairman, they did not win the overall prize. Ken, Doreen and I, as unbiased observers, felt this was a mis-judgement by the judges, but the three young men from Halliford accepted the situation with their usual grace and dignity. Sylvia and I had previously presented them in Assembly with the District Cup. We wish them well, particularly Ben as he leaves the school this term and has decided he would like to be a barrister, putting into good use the skills he has learnt after 5 years of public speaking for Rotary!

In late March, I joined Vivian, Michael and John in Horsham for the District Assembly. It is some years since I had been to one of these and I had forgotten just how informative and helpful these events are, as well as meeting fellow Rotarians I had not seen for years. I attended the talk by Kevin Mack on Risk Assessments and similar issues. Now there is a man who can make a telephone directory listing sound like a new James Bond thriller! He really knows and cares about the subject and makes it real and interesting and that was only 3 days after he had spoken to us at Club breakfast.

It has been a busy month for the business side of our Club, with a Council meeting, a Business meeting and the Club AGM. Heading for the home straight with a couple of club outings, one to see the Revelaires perform in Feltham and a lunch party at Nigel and Mary's and then Shepperton Fair. Well done to the Fair committee who have some great plans for our part in it which should be really interesting and may even attract some new members.

We hope to induct Richard Edgar on the 6th May, so it's full steam ahead!

Pauline

Talks at Our May Breakfast Meetings

Saturday 2nd—Lunch with Nigel and Mary Wilson, Mere, Wilts

Wednesday 6th - Birds—Mike Gicquel

Wednesday 13th - Club Assembly

Wednesday 20th — Dawn Chorus Ramble with Mike Gicquel then

Club Organisation –Petyer Meldrum

Wednesday 27th—Business Meeting.

These all take place at the Bridge Hotel, Chertsey, at 7.15 for 7.30 am and finish by 08.30. All are welcome except where it is marked "Members Only". Just call Jenny on 01932 243054 or send an email to jenny.steptoelive@live.co.uk to let us know.

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What an interesting month April was. All the contributions to "Ship Ahoy" from Club Members are shown below!



Get on your bike for Prostate Cancer

We're delighted to announce that this year Rotary will be officially kicking off the Rotary Ride where we invite you to don your Lycra and get on your bike for prostate cancer.



Rotary Ride is a national initiative taking place on Father's Day (21st June) in which Rotary clubs across Great Britain and Ireland will be hosting a range of cycle rides for all ages and abilities. We are inviting members of the public, just like you, to join one of your local clubs at their event and get peddling to raise money for prostate cancer, a disease which affects so many families across the UK and Ireland.

The aim of the rides are to raise as much money for prostate cancer, and there will be three types of events that you could organise:

- Fun ride – this is for all ages and abilities. This is an ideal way for amateurs, families and youngsters to get involved through an event that is fun for all.
- Enthusiasts – for the more established riders, give yourself a challenge by taking part in a long distance or cross-country ride.

Static ride – you don't have to cycle the length of breadth of the country to take part, in fact you don't even need to go anywhere. A static ride involves jumping on an exercise bike and is a great way to work as part of a team by taking turns riding to a goal distance.

An extract from the RIBI website - more information at <http://www.rotarygbi.org/rotary-ride>

Notes for Contributors.

Articles should be between 150 and 350 words long and emailed to john@dumbrell.org.uk or sent in typewritten format. Pictures can be any size and will be returned.

This is a monthly magazine and the deadline for contributions is **the 25th of the month.**

It is your newsletter, please keep sending contributions in preferably with some photos.

John Dumbrell, Editor



John Dumbrell



Good News on the Polio Front

For a second consecutive week, and for a fourth week this year, there were no reported polio cases. The country reports are a little bland but separately I see frequent detail reports of the EOCs in Pakistan and it is clear the immunisation efforts there are impressive. Here is the updated global summary and it is the 2014 comparisons that are relevant.

WPV1 cases:

22 cases have been reported this year vs. 62 cases at the same time in 2014.

- 21 cases in Pakistan vs. 49 cases at the same time last year.
- 1 case in Afghanistan vs. 3 cases at the same time last year.
- No cases in Nigeria since 24 July 2014. At the same time last year 1 case had been reported.

No cases in any of the 6 non-endemic countries that reported cases in 2014 vs. 9 cases at the same time.

WPV2 cases: No cases have been reported since October 1999. (In Aligarh, Uttar Pradesh.)

WPV3 cases: No cases reported since 10 November 2012. (In Nigeria.)

cVDPV1 cases: No cases this year. (One case reported from Madagascar on 11 November 2014.)

cVDPV2 cases: No cases this year vs. 53 cases in the 2014 full year.

We can only hope that as the polio low transmission season comes to an end that the number of reported polio cases remains low.



Helping Health in Other Ways

Rotary and its partners are looking to carry out a legacy health plan, which has two notable aspects:

Ensuring that the knowledge generated and lessons learned from years of polio eradication activities are shared with other health initiatives.

The Global Polio Eradication Initiative (GPEI), in its efforts to deliver the polio vaccine to the hardest-to-reach and most vulnerable populations in

the world, has learned valuable lessons about overcoming barriers. As a result, polio workers have been able to deliver additional health services, including deworming medication, vitamin A supplements, measles mortality-reduction activities, bednets to prevent malaria and other mosquito-borne diseases, and routine immunizations. GPEI's innovative methods include detailed micro-planning and mapping, the tracking of migrant groups, social mobilization programs, and systematic training and deployment of vaccination teams. All of these tactics can be applied to other health initiatives.

Indeed, supporting other health initiatives has been a key component of Rotary's strategy since it launched its PolioPlus program in 1985. Rotary has consistently delivered the "plus" along with polio vaccine, supporting efforts to protect children from other diseases, malnutrition, and other afflictions.

Transitioning the capacities, processes, and assets that GPEI has created to support other health priorities.

Rotary, the World Health Organization (WHO), UNICEF, and the U.S. Centers for Disease Control & Prevention (CDC) joined together in 1988 to form GPEI with the goal of protecting the world's children by eradicating polio.